

Big South Fork Course Records

17.5 Miles (New Course Began 1997)

Division	Category	Name	Time	Year	Note
Overall	Male	Chad Newton	1:47:02	2008	
	Female	Genevieve Barrett	2:07:53	2006	
		Liz Herndon*	2:06:27	2013	Off Course FKT
Masters	Male	Zafar Ahmed	1:56:52	1998	
	Female	Alondra Moody	2:17:07	2017	
Grand Masters	Male	Richard Weeks	2:09:27	1998	
	Female	Sally Evenden	2:34:52	2007	
Senior Grand Masters	Male	Jim Upton	2:28:39	2005	
	Female	Joan Tomlinson	3:47:33	2013	

10K (Began 2012)

Division	Category	Name	Time	Year	Note
Overall	Male	Jordan Thomas	43:11	2016	
	Female	Melissa Begin	50:39	2013	
Masters	Male	Robert Bonamarte	54:26	2017	
	Female	Jenny Moore	1:03:30	2015	
Grand Masters	Male	Ken Shelton	56:39	2016	
	Female	Shazzmarie Szekely	1:06:55	2016	
Senior Grand Masters	Male	Jack Sexton	1:08:00	2013	
	Female	Liza Graves	1:12:33	2017	