



**Participating Event
in the Tennessee Grand Prix:
totalracesolutions.com**

Saturday May 13th, 2017 Frozen Head State Park Wartburg, Tennessee Rain or Shine

<https://runsignup.com/Race/TN/Wartburg/ProgressiveSavingsBanksMountainLaurel5K>

Registration: 7:00am, Race Time: 8:00am. **Course:** Out and back into the park.

Awards: Medals awarded to top 3 overall finishers. Top Male/Female. Master Finishers (40+), Grand Masters Finishers (50+) Age Groups: Male/Female: 10 or under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+ Participants are eligible for only one award. All finishers will receive a medal!

Registration Fee: \$20 Adults \$10 Kids under 12. Late Registration is May 1st-13th. Late registrants will receive tshirts while supplies last

All Proceeds Benefit Local Organizations



**Progressive's Mountain Laurel 5K 2016 and 1 Mile Fun Run to benefit local organizations.
Make Checks payable to: The Rains Foundation**

Name: _____ Male Female
Street Address: _____ City: _____ State: _____ Zip: _____
Phone: _____ Birth Date: ____/____/____ Age on Race Day: _____
T-Shirt Size: Youth Small Youth Medium Youth Large Small Medium Large XL XXL
Event: 5K Run 1 Mile Fun Run email: _____

Liability and Publicity Release: In consideration of your accepting my entry to Progressive's Mountain Laurel 5k and 1 Mile Fun Run, I intend to be legally bound, do hereby for myself, my heirs, and assigns waive all claims for damages which I may have, or which hereafter occur to me against Progressive Savings Bank and its affiliates, race volunteers, The Rains Foundation, Frozen Head State Park, Total Race Solutions, and other sponsors, promoters, and contributors affiliated for any and all injuries or illness which may result from my participation. I attest and verify that I have full knowledge of the risk involved in these events, that I am physically fit and sufficiently trained to participate. I also authorized Progressive Savings Bank to use an photographs and/or video tape of my participation in said race for any and all purposes. I have read the above statement, I understand it and my signature confirms my full acceptance.

X _____
Signature of Participant/Parent or Guardian if less than 18 years of age **Date**

Mail or drop registration form to Progressive Savings Bank, P.O. Box 927, Wartburg, TN 37887

