2nd Annual Candy Cane Classic 5K & Fun Walk

Smoky Mountain Region CFC

December • 1 • 2012

COURSE DESCRIPTION

Run on a scenic asphalt course (free from traffic) starting at West High School on Tobler Lane along the Third Creek Greenway.

The Fun Walk will be held on a separate course, also originating at West High School. Leashed dogs and strollers are permitted on the Fun Walk course.

DIRECTIONS

From I-40: Take exit 383 (Papermill Drive). Turn left on Papermill Drive. Turn right on Hollywood Road. Turn left on Sutherland Avenue. West High School will be on the right at the corner of Sutherland Avenue and Tobler Lane. Race is located at Tobler Lane entrance.

T-SHIRT ***(Pre-Registration has its rewards!)***

Participants who register on or before November 16th will receive a T-Shirt on race day. Participants who register after Nov. 16th will receive a T-Shirt while supplies last.

T-Shirts will only be available for pick-up from 7:00 a.m. - 8:30 a.m. on the day of the race.

5K AWARDS

Awards will be given to the top three in the 5K for male and female overall and age divisions: 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, and 80+.

What: **Candy Cane Classic 5K & 1 Mile Fun Walk**

(*The 5K will be a timed event managed by the Knoxville Track Club)*

Where: **Third Creek Greenway at Tobler Lane**

When: **Saturday, December 01, 2012**
Race starts 9:00 a.m.

(The *Event will be held rain or shine - No Refunds)*

Cost: **Pre-Register through November 16, 2012- $25.00**
Day of Race 7:00 a.m.-8:30 a.m. - $30.00
Kids 10 and under are *Free!
**(Does not include T-Shirt; a goody bag will be provided)*

All proceeds will benefit the undesignated fund of the CFC!!

Why: **To support the Annual Combined Federal Campaign; which supports many local, regional, national and international charitable, health and human service organizations. Please visit the address below for additional information on represented agencies:**
http://www.smokymountaincfc.org

For more information please call 865-632-4363 or e-mail us at mssnyde0@tva.gov or jebrown1@tva.gov

(Circle one) 5k 1 Mile Fun Walk

Last _____

First _____

Sex: Male: _____ Female: _____

Age: (as of 12/01/12) _____

E-Mail _____

Adult T-Shirt: XS S M L XL XXL

Youth T-Shirt: XS S M L

Return completed form by Nov. 16th to:

TVA
CFC 5K Run & Fun Walk
400 West Summit Hill Dr. WT 4C
Knoxville, TN 37902

(Make check payable to: The Smoky Mountain Combined Federal Campaign)

Address _____

City/State _____ Zip _____

Phone ( ) _____ Date of Birth _____

In case of emergency call_____ at _____

ATHLETE'S RELEASE: PLEASE READ; TO RUN THE RACE YOU MUST SIGN AND DATE IT.
I know and agree that running and/or walking and volunteering to work in foot races are potentially hazardous activities. I should not enter and run and/or walk in the CFC 5K run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running, walking and/or volunteering to work in the aforementioned event, including but not limited to falls, contact with other participants, the effects of weather, including high heat or humidity, ice, snow, and lightning, the condition of the course and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I for myself, my heirs and assigns, and anyone entitled to act on my behalf or on behalf of my estate, waive and release the Smokey Mountain Combined Federal Campaign and all participating agencies and Sponsors, and their affiliates, representatives and successors, from all claims or liability of any kind arising out of my participation in the aforementioned event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Athlete's Signature Parent's Signature (if under 18) Date

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