

# I N A U G U R A L Coalfield 5K

**Saturday, October 9, 2010 at 8:00 am Coalfield School, Coalfield, TN**

Join us at Coalfield School to kick off the 2010 Coalfield Community Homecoming.

Proceeds from this race will benefit the Coalfield High School Cross Country Team and Volleyball Team.

## Schedule of Events:

6:30-7:45 am Registration and packet pick up  
8:00 am 5k start  
8:05 am 1 mile fun-run / walk start  
9:00 am Awards  
10:00 Parade starts

**Course:** In beautiful and scenic Coalfield with two small hills at start and finishing flat and fast. Runners will begin and end at the *school's gazebo*.

**Age Division:** 9 & under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

## Registration:

**5K:** Early (post-marked by 9/30/10) **\$15**

Day of Race: **\$20**

No t-shirt: **\$10** early / Day of race **\$15**

**1-Mile Fun Run / Walk:** **\$10** with t-shirt  
**\$5** no t-shirt

**T-shirts:** All pre-registered runners will receive a short-sleeved t-shirt. Day of race registered runners will receive a t-shirt while supplies last.

**Race Forms and Information:** Contact *Sarah Cross* at **crosss@mcsmail.net** or call **865-435-7332**.

**Directions:** Follow Highway 62 out of Oak Ridge. In Oliver Springs, Highway 62 turns right at major red light towards Wartburg. Turn left off 62 onto Coalhill Road. School is located on the left.

**Parking:** Please park in the front school parking lot in designated areas.

**Course Etiquette and Safety:** Due to insurance regulations, and for the safety and convenience of all participants, **NO PETS, ROLLER SKATES, BICYCLES OR STROLLERS** are permitted on the course. *Headsets are strongly discouraged.*

**Prizes:** Awards will be given to top overall male and female finishers, top overall male and female masters (40+) finishers and to the top 3 finishers in each age group. Overall winners are not eligible for age division awards. Ribbons will be given to all 1-mile fun run / walk finishers. Awards must be picked up on race morning. Awards will not be mailed. Several door prizes will also be awarded.

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## Official Coalfield 5k Entry Form

**NAME** \_\_\_\_\_ **Date of Birth** \_\_\_\_\_ **Sex** M \_\_\_\_\_ F \_\_\_\_\_

**Address** \_\_\_\_\_

**Email Address** \_\_\_\_\_ **Age as of 10/16/10** \_\_\_\_\_

**Phone** \_\_\_\_\_ **Team** \_\_\_\_\_

**Emergency Contact Name & Phone** \_\_\_\_\_

**Event:** **5K** \_\_\_\_\_ **1 Mile Fun Run / Walk** \_\_\_\_\_ **T-shirt:** **S** **M** **L** **XL** **XXL** **No t-shirt**

## Legal Disclaimer:

I know that running and volunteering to work in a 5k races are potentially dangerous activities. I should not enter and run in the Coalfield 5k unless I am medically able and properly trained. I agree to abide by any decisions a race official makes relative to my ability to safely complete the run. I assume all risks associated with running and or / volunteering to work in the aforementioned race, including but not limited to a fall, contact with other participants; effects of weather, including heat or humidity, cold, ice or snow, fog and rain, the conditions of the road and traffic on the course: all such risks being known and appreciated by me. Having read this wavier and knowing these facts, and in consideration of your acceptance to my application, I for myself and anyone entitled to act on my behalf, waive and release Coalfield School, the sponsors of the thereof, and all future sponsors, their representatives, successors, for all claims or liability of any kind arising out of my participation in the aforementioned event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this wavier. I also grant permission to all the foregoing to use any photograph, motion pictures, recordings, or any other record of this event for any legitimate purpose.

\_\_\_\_\_  
Runner's Signature

\_\_\_\_\_  
(must include guardian signature if under 18)

\_\_\_\_\_  
DATE

Make checks payable to Coalfield School

Please mail completed entry form with check or money order to:

Coalfield School 5K, c/o Sarah Cross, P.O. Box 98, Coalfield, TN 37719

I am running / walking in support of \_\_\_\_\_, member of CHS cross country team or volleyball team!