



**LOCATION:** Rose Center, 442 w. 2<sup>nd</sup> North St.

**COURSE DESCRIPTION:** Certified TN 02036RH

**REGISTRATION:** Pre-register by 9/18/10: \$15  
 9/19/10-9/25/10 8:00am \$20

**T-SHIRTS:** Pre-registered runners receive shirts on race day. Late registered runners while supplies last.

**AWARDS:** Ceremony following race. Prizes will be given to top three (3) finishers overall and top three finishers in each age group (male and female). Male and female overall winners are not eligible for age division awards. Must be present to receive award.

**TEAMS:** 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Teams of four. No limit on number of teams from one organization.

**AGE DIVISION:** 10 & Under, 11, 12, 13, 14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

**RESTRICTIONS:** Due to insurance regulations, NO roller blades, baby strollers, bicycles, or animals allowed on the course. Use of earphones and headsets are discouraged. We reserve the right to disqualify any participant exhibiting unsportsmanlike conduct or disrespect to race volunteers.

**ADDITIONAL INFORMATION CONTACT:** Laura Fleenor 423-581-3041 or 423-231-4200  
[lfleenor@hcboe.net](mailto:lfleenor@hcboe.net)

Make Checks payable to East Ridge Middle School and mail this form to: East Ridge Middle School  
 6595 St. Clair Rd.  
 Whitesburg, TN 37891

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Team Name \_\_\_\_\_  
 Date of Birth \_\_\_\_\_ Age on Race Day \_\_\_\_\_ M F  
 Shirt Size(Adult sizes only) S M L XL

*Should the event be cancelled due to extreme weather, thank you for your donation to ERMS.*

**Athlete's Release: Please Read and Sign**

I know that participating as a runner/walker in races/walks is a potentially hazardous activity. I should not enter and participate in the Bear Hunt Run/Walk 5000 unless I am medically able and properly trained. I agree to abide by any decisions made by an official relative to the run. I assume all risks associated with running in this event, including but not limited to falls, contact with other participants, the effects of weather (including high humidity, heat), the condition of the course and traffic all such risks being known and appreciated by me. Having read this waiver and knowing these risks and facts and in considerations of your acceptance of my application, I for myself and anyone entitled to act on my behalf, waive and release East Ridge Middle School, City of Morristown, Rose Center and all sponsors, together with members and employees thereof and their representatives and successors (herein together "Indemnities"), from all claims or liability of any kind arising out of any action or failure to act on the part of the Indemnities. I also grant permission to the Indemnities to use any photograph, pictures, recordings or any other record for any legitimate purpose.

\_\_\_\_\_  
 Athlete's Signature (If under 18, Parent's or Guardian's Signature)

\_\_\_\_\_  
 Date