



BE GREATRUN 8K



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BOYS & GIRLS CLUBS
OF THE TENNESSEE VALLEY

Presented by



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Saturday, March 6, 2010

Honorary Chairman Stewart Ellington

2008 and 2009 Covenant Health Knoxville Marathon Winner

Schedule of Events

7:00–7:45 a.m. Packet Pickup/Late Registration

8:00 a.m. 8K Race Start | 8:10 a.m. 2 Mile Walk/Run Start

Awards will take place at conclusion of race.

Refreshments will be available after the race for participants.

Course

Start and Finish at Tyson Park. Certified course to run mostly on Greenway and Neyland Drive. (2 Mile Walk/Run different course on Greenway.)

Registration for both 8K and 2 Mile Walk/Run

\$25 Early Registration (\$20 Club Blue members) by March 1.

\$20 Couch Potato Entry Fee (with shirt, no participation)

\$30 Late and Day of Race Registration

Children 12 and under free for 2 Mile Walk/Run only (no shirt).

Make checks out to Boys & Girls Clubs of the Tennessee Valley.

Long sleeve moisture wicking shirts will be available for all paid preregistered participants (indicate size below). Shirts for race day registrants will be available while supplies last or at a later date.

Team Registration

Teams (5 member minimum) may participate in the 8K and 2 Mile Walk/Run. Include team name in information below.

Information

Visit www.BeGreatRun8.com, email clubblue@bgctnv.org, or call (865) 248-1208.

Age Divisions

14 and under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+, Masters, Grandmasters, and Veterans

Prizes

Awards to the top three overall, top Masters (40+), top Grandmasters (50+), top Veterans (60+), male and female. Awards to the top three male and female in each age division. Male and female overall and category winners are not eligible for age division awards. You must be present to receive your award. The team with the most members will receive a prize.

Course Safety and Etiquette

Due to insurance regulations and for the safety of all participants, no pets, strollers, roller blades, or bicycles are permitted on the 8K course. Earphone use is discouraged. Strollers and leashed pets are allowed on the 2 Mile Walk/Run course only.

Race Day Activities

Inflatables for children will be available, weather permitting. Children may not be left unsupervised on play structures. Vendors are available for both participants and spectators throughout the morning. If you are interested in being a vendor, visit www.BeGreatRun8.com.

Club Blue

Club Blue is a social networking group that drives awareness and raises funds for Boys & Girls Clubs of the Tennessee Valley. We engage in networking socials and special events that ultimately benefit local underprivileged and at-risk children. We party with a purpose to help change lives. www.knox.clubblue.org

2010 Be Great Run 8K Entry Form

Last			Address				
First			City State Zip				
<input type="checkbox"/> Male <input type="checkbox"/> Female			Phone				
DOB		Age (on 3/6)	Email				
Event (circle one)		8K	2 Mile	Couch Potato	Emergency Contact	Phone	
Shirt Size (circle one)		S	M	L	XL	XXL	Team Name

Race Number **(official use only)**

Release: In consideration of the acceptance of this entry, I do hereby, for myself, my heirs, executors, administrators, and assigns, (or minor child if a race participant) forever release and discharge Boys & Girls Clubs of the Tennessee Valley, the Knoxville Track Club, and Club Blue and related entities and all those persons involved in the organization and manning of the above event from all claims of any kind and nature arising out of my (or my minor child's) participation in this race/event. I understand that my entry fee is non-refundable and that the organizers retain the right to refuse entry based on unsportsmanlike or abusive conduct. I verify that I am physically fit and have sufficiently trained for participation in this event, and the same is true if I am signing this in behalf of a minor child for said minor child. I grant permission for the free use of my name and picture (or the name and picture of my minor child) in any broadcast or print media account for this event for current or future use.

Signature: _____

If under 18, Parent's Signature: _____

I do not wish to receive email correspondence from Boys & Girls Clubs of the Tennessee Valley.

Register at www.BeGreatRun8.com or mail checks payable to Boys & Girls Clubs of the Tennessee Valley to 220 Carrick Street, Suite 318, Knoxville, TN 37921