

RUN FOR THE SCHOOLS

Saturday, April 4, 2009 at 8:30 a.m.
World's Fair Park, Knoxville, Tennessee

(Proceeds from the event will be distributed to the participating schools based on each school's level of participation. Open to all schools, both public and private in Knox County)

SCHEDULE OF EVENTS: 7:00 - 8:15 a.m. Packet Pickup/Late Registration
8:30 a.m. 5K Race Start
8:45 a.m. 1 Mile Fun Walk
9:00 a.m. 100 Yard Dash Start

COURSE: USATF Certification # TN07029MS.
Course begins on the Clinch Ave Bridge and is relatively flat winding thru downtown Knoxville, the Old City, and ending in World's Fair Park.

COST: Pre registration fee is \$10 for Knox County Students, \$15 for all others. Day of Race fee is \$12 for Knox County Students, \$20 for all others. There is a \$5 up charge for all participants for chip timing. Free registration fee for Knox County Teachers.

PRE REGISTRATION DEADLINE: Entry forms must be postmarked by March 20, 2009 to qualify for reduced rate. Pre registration material will be available at Runner's Market in Western Plaza and Turkey Creek.

PACKAGE PICKUP: 11:00 a.m. until 3:00 p.m. March 26, 2009 at Runner's Market in Western Plaza. March 31, 2009 at Runner's Market in Turkey Creek. Day of race at World's Fair Park.

T-SHIRT: All pre registered participants will receive cotton short sleeve T-shirt. Day of race registrants, as shirts are available, or at Runner's Market at Turkey Creek on Saturday, April 18, 2009 11:00 a.m. until 3:00 p.m.

AWARD DIVISIONS: Three deep M/F: overall, 10 & under, 11 to 14, 15 to 19, 20 to 24, 25 to 29, 30 to 34, 35 to 39, 40 to 44, 45 to 49, 50 to 54, 55 to 59, 60 to 64, 65 to 69, 70 to 74, 75+. One deep M/F: master, grandmaster and veteran.

SCHOOL AWARDS: Cash awards as follows: \$800 to the school with the largest percentage of student body participation, \$700 to the school with the largest percentage of teacher participation, \$600 to the school with the largest number of non student participants, and \$600 to the school with the largest number of individuals who serve as volunteer support for the event. The awards will be distributed to the winning elementary, middle and high school category for a total of \$8000.

DOWNLOADABLE ENTRY FORMS: www.runfortheschools.org and www.ktc.org

RACE DIRECTOR: Betsy Johnson (865) 293-9539

ADDITIONAL INFORMATION: www.totalracesolutions.com

SPRING FLING SERIES: The Run for the Schools is the first of three races in The Spring Fling Series. The other two events are The Run for Autism Awareness on April 18 at Turkey Creek and The Run for the Deaf at Tennessee School for the Deaf on May 2. Runners who participate in all three events will be eligible for cash prizes totaling \$1800. Registrants must sign up for all three events by April 4, 2009 to be part of The Spring Fling Series. The entry fee for pre registered entrants is \$30 for students and \$45 for all others. Registration for the Spring Fling Series closes on April 4, 2009. Entry forms for the Spring Fling are available at www.totalracesolutions.com and www.runfortheschools.org

Official RUN FOR THE SCHOOLS - Entry Form

Last Name _____	Address _____
First Name _____	City _____ State _____ Zip _____
Sex <input type="checkbox"/> Male <input type="checkbox"/> Female Age as of 4/04/09 _____	E-mail: _____
Phone (_____) _____ - _____	Emergency Contact: _____ Phone: _____
Birthday (Month) _____ (Day) _____ (Yr) _____	Entry Fee: _____
Event: <input type="checkbox"/> 5K (3.1 miles) or <input type="checkbox"/> 1 Mile Fun Walk <input type="checkbox"/> 100 yd dash	Chip Timing: _____
Knox County School: _____	Additional Donation: _____
T-shirt Size (circle one): YS YM S M L XL XXL	Total: _____
Fill out entry form completely and mail with entry fee to: Run For The Schools	
Fees: \$15.00 Non-student \$10.00 Student	
	P.O. Box 30667
	Knoxville, TN 37930-0667
Make checks payable to: Run For The Schools	
Spring Fling Participant: <input type="checkbox"/> Yes or <input type="checkbox"/> No	

Official Use Only
Race # _____

ATHLETES RELEASE: PLEASE READ, TO PARTICIPATE YOU MUST SIGN AND DATE: I know that participating and volunteering are potentially hazardous. I should not enter in RUN FOR THE SCHOOLS unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the event. I assume all risks associated with running, walking or volunteering in the aforementioned race, including but not limited to falls, contact with other participants, the effects of weather, including high heat or humidity, ice and snow, the condition of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration your acceptance of my application, I for myself and anyone entitled to act on my behalf, waive and release RUN FOR THE SCHOOLS, any and all members thereof, and all sponsors and their representatives, successors, from all claims of liability of any kind arising out of my participation in the aforementioned event, even though that liability might arise out of negligence or carelessness on the part of the persons named in the waiver. I also grant permission to all the foregoing to use any photograph, motion picture, recordings, or any other record of this event for any legitimate purpose.

Athlete's Signature _____

If under 18, Parent's Signature _____

Date _____