

2009 Mountain Makins 8K Official Entry Form

Last Name _____
First Name _____
Team Name _____
Address _____
City _____ State _____ Zip _____
Phone (____) _____
Gender: Male _____ Female _____
Birthdate: Month _____ Day _____ Year _____
Age as of October 24, 2009 _____
Please check if you are:
Clydesdale: Yes _____
Athena: Yes _____
Emergency Contact Name: _____
Phone: _____

Pre-Registration Fee: \$15 (Before 10/10/09)
\$20 (10/11/09 and after)

Race Number

For office use only

T-shirt size: (Circle size)

Adult: S M L XL

Make checks payable to Rose Center.
Mail this form and signed release along
with entry fee to:

Rose Center
Mountain Makins 8K
P.O. Box 1976
Morristown, TN 37816
423-581-4330
Fax: 423-581-4307
www.rosecenter.org

ATHLETE'S RELEASE:

You must sign and date this form in the appropriate space in below in order to participate in this event.

Legal Disclaimer: I know that running and volunteering to work in races are potentially hazardous activities. I should not enter and run/walk the Mountain Makins 8K unless I am medically able and properly trained. I agree by the decision of my race official relative to my ability to safely complete the run/walk. I assume all risks associated with running/walking and/or volunteering to work with the aforementioned event including but not limited to falls, contact with other participants, the effects of the weather, including high heat or humidity; the conditions of the trial/road and traffic on the course. All such risk being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your acceptance of my application, I for myself and anyone entitled to act on my behalf waive and release Rose Center and the Mountain Makins Festival and its sponsors, any and all members thereof, and all further sponsors, their representatives, and successors from all claims or liability of any kind arising out of my participation.

Athlete's Signature (if under 18, parent's signature)

Date

Join Rose Center for the 2nd Annual Mountain Makins 8K Run. Run or walk the 5 miles of scenic city streets. All participants in the 8K will receive free Saturday admission to the Mountain Makins Festival, the Southeast Tourism Society's pick as a "Top 20 Event in the Southeast" for October 2009.

General Information

Date: Saturday, October 24, 2009
Race Time: 7:28AM—Registration 6:45AM
Start Location: Hamblen County Justice Center, 510 Allison St., Morristown, TN 37814.
One block from the festival gate.
Fees: \$15 early registration (before 10/10/09)
\$20 (10/11/09 and after)

T-shirts: Pre-registered runners receive t-shirt on race day. Others as supply lasts.
All participants will receive free Saturday admission to the Mountain Makins Festival.

Celebration: Awards Ceremony will immediately follow race (approximately 8:30AM). Refreshments will be available.

Awards: Male & Female Overall, Masters (40+), Grandmasters (60+). Awards also go to Clydesdale (Men 200 lbs. +) and Athena (Women 150 lbs. +) division. Male and Female 1st and 2nd place awards in the following age divisions: 19-under, 20-29, 30-39, 40-49, 50-59, 60-69, 70+. Overall winners are not eligible for age division awards. Team Competition—best combined time by 4 members including at least 1 female. Winners must pick up their awards the day of the race.

Directions to Hamblen County Justice Center: From I-40 E. take exit US 11-E (Exit 394). Follow 11-E to Morristown. Turn left on Henry St., left on W. 3rd North St., right on Allison St. The directions route you around the closed streets due to the festival.