



BlueCross AUTUMNFEST 8K



& 2 Mile WALK on Neyland Drive Greenway

Date, place, and time: Thursday, November 26, 2009 **8:30 a.m.** In Race Tent in parking lot under Hill Ave. Bridge adjacent to Ruth's Chris Steakhouse parking lot on Neyland Drive.

Parking: Available at Ruth's Chris Steakhouse, Beck Cultural Exchange Center and Women's Basketball Hall of Fame parking lots.

Registration & Entry Fee: Pre-registration through Monday, November 16, 2009: \$20.00 (Pre-registered KTC members eligible for \$3.00 discount). Early registration entries accepted at Runners Market at Western Plaza and Farragut Village. After November 16th, race fee: \$25, **no discounts**. 4 KTC Coupons accepted as payment.

Race Day Registration: Race Tent under Hill Avenue Bridge, 6:45 a.m. - 8:00 a.m., \$25, no discounts.

2 Mile Walk: \$12 through race day. Walkers receive shirt (unless selecting no-shirt option) and finisher's ribbon.

T-shirts: First quality, long-sleeved. Pre-registered runners receive shirts on raceday. Late and/or race-day registrants receive shirts as supplies last or at later date. **Deduct \$5.00 from your entry fee if you do not want a t-shirt (option available to all entrants, including early and late registrants).**

Awards: Awards to the top three overall, top three masters (40+), 1st Grandmasters (50+), & 1st Veterans (60+) male and female. Awards to the 1st Clydesdale (male 200 lbs.+) Athena (female 150 lbs.+). Overall winners & Clydesdale/Athena entrants not eligible for age division awards (three deep). Awards must be picked up on raceday morning or the following Monday at Runners Market at Western Plaza.

Male & Female: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+.

Team Competition: Teams must pre-register: Open, corporate, and women's team divisions. Awards for team competition will be four deep. Top four members score for open and corporate, top three score for women's division; cross country scoring. Membership in KTC not necessary; no additional costs other than individual entry fees.

Refreshments & Celebration: Awards and refreshments after the race in the Race Tent under the Hill Avenue Bridge.

Results: Complete results will be posted on the KTC web page: www.ktc.org.

Information: Kristy Altman, Race Director, 865-805-2008, kaltmanruns@gmail.com.

OFFICIAL 2009 BlueCross AUTUMNFEST 8K ENTRY FORM

Race Number

Address _____

Name: Last _____

City _____ State _____ Zip _____

First _____

Phone (____) _____-_____

2 Mile Walk

E-mail Address _____

8K Run

Sex Circle one: male female

In case of emergency, call _____ at phone _____

Age (as of 11-26-09) _____

Team Competition: Open _____ Corporate _____ Women's _____

Date of Birth (m) _____ (d) _____ (y) _____

Name of Team _____

Clydesdale/Athena Div. (Circle one if applic.)

Like to volunteer at some future KTC race, please check here _____

200 lbs.+ male 150 lbs.+ female

" KTC Volunteerism at its finest: Run Three Races, Work One"

T-shirt size (circle one) S M L XL

No shirt option, please check here _____
(deduct \$5 from entry fee)

ATHLETE'S RELEASE: PLEASE READ, TO RUN THE RACE, YOU MUST SIGN AND DATE IT.

KTC MEMBER \$3.00 Pre. regist. Discount

4 KTC Vol. Discount Coupons ACCEPTED

Fill Out Completely and Mail with Fees to:

Angie Manis, BlueCross Autumnfest 8K

8419 Carter Mill Rd

Knoxville, TN 37914

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in the BlueCross Autumnfest 8K & 2 Mile Walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and/or volunteering to work in the aforementioned race, including but not limited to falls, contact with other participants, the effects of weather, including high heat or humidity, ice and snow, the condition of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I for myself, and anyone entitled to act on my behalf, waive and release BlueCross Blue Shield of Tennessee, Ruth's Chris Steakhouse, Knoxville Track Club, any and all members thereof, and all further sponsors, their representatives, successors, from all claims or liability, of any kind arising out of my participation in the aforementioned event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I also grant permission to all the foregoing to use any photograph, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Make check payable to The Knoxville Track Club
(no refunds)

Athlete's Signature

& if under 18, parent's signature

Date