

# Loudon Lions Club Run for Vision

Saturday, July 19, 2008

8:00a.m., Downtown Loudon, Tennessee

To benefit the Loudon Lions Club in our efforts to provide eye care to those less fortunate.

**Lions Club motto – “We Serve!”**

5K Run and 1 Mile fun walk.

**DATE, TIME AND PLACE:** Saturday morning, July 19, 2008 at 8:00 am. Registration, race start, and post-race activities in Historic Downtown Loudon, at BB&T bank on Grove St. Take Hwy 11 to traffic light in front of the Courthouse. BB&T is on the same side as the fountain.

**COURSE DESCRIPTION:** 5K (3.1 miles) is a loop through Loudon out to Loudon High School and back down Hwy 11 (Mulberry St.) to the Courthouse, with a downhill finish you won't believe! Finish line managed by Knoxville Track Club.

**REGISTRATION AND FEES:** Pre-registration entry forms must be postmarked no later than Friday, July 6th. Pre-registration Fee \$12. Day of race fee \$15 for everyone. No Shirt Option: deduct \$5.00 from your entry fee. ALL PROCEEDS GO TO LOUDON LIONS CLUB.

**T-SHIRTS:** First quality 100% cotton short sleeve with original design. Pre-registered runners and walkers receive shirt on race day; others as supply lasts or later date with pick-up location TBD.

**5K AWARDS:** Ceremony following race for 5K. Plaques to the top 3 overall, first masters (40+), first grand masters (50+), first veterans (60+), male and female; Awards three-deep to males and females in the following age categories: 14 and under; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-79; 80 plus. Overall winners not eligible for age division awards. Awards must be picked up by winners. They will not be mailed. Ribbons for Walk participants.

**CELEBRATION AND REFRESHMENTS:** A multitude of food and drinks.

**RESTRICTIONS:** Due to insurance regulations, NO roller blades, baby strollers, bicycles, or animals allowed on the course. Use of earphones and headsets discouraged. We reserve the right to disqualify anyone who exhibits unsportsmanlike conduct or is rude to race volunteers.

**INFORMATION:** Call Race Committee Chairman Charles (Butch) White at 865-986-2693 or e-mail: [bw350zloutn@earthlink.net](mailto:bw350zloutn@earthlink.net)

## PROUDLY SPONSORED BY BB&T

### OFFICIAL 2005 LIONS RUN FOR VISION 5K RUN ENTRY FORM

Race Number \_\_\_\_\_

Name \_\_\_\_\_

Last \_\_\_\_\_

First \_\_\_\_\_

5K RUN \_\_\_\_\_ 1 MILE WALK \_\_\_\_\_

Sex Circle one male female

Age (as of 7-19-08) \_\_\_\_\_

Birth day \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

(mo.) (day) (yr)

T-shirt (circle one): M L XL

No Shirt Option, Check Here \_\_\_\_\_

Fill Out Completely and Mail  
with Entry Fee to:

BUTCH WHITE/Lions 5K  
2405 Cedar Cir  
Lenoir City, TN 37772

**Make checks payable to:  
LOUDON LIONS CLUB  
(no refunds)**

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_

E-mail address \_\_\_\_\_@\_\_\_\_\_

KTC Volunteer Spirit at Its Finest. RUN THREE RACES AND WORK ONE.  
Check here \_\_\_\_\_ and a KTC Race Director will contact you

In case of emergency, call \_\_\_\_\_ at \_\_\_\_\_  
(Telephone)

**RELEASE - PLEASE READ AND SIGN.** I know that participating as runner/walker in races and walks is a potentially hazardous activity. I should not enter and participate in the Lions Club 5K run unless I am medically able and properly trained. I agree to abide by any decision made by an official relative to the run. I assume all risks associated with running in this event, including, but not limited to, falls, contact with other participants, the effects of weather (including high humidity, heat, ice and snow), the condition of the course (which will NOT be maintained), and traffic, all such risks being known and appreciated by me. Having read this waiver and knowing these risks and facts, and in consideration of your acceptance of my application, I, for myself, and anyone entitled to act on my behalf, waive and release the Loudon Lions Club, Knoxville Track Club, City of Loudon, and all sponsors, together with members and employees thereof and their representatives and successors (herein together "Indemnites"), from all claims or liability of any kind arising out of any action or failure to act on the part of the Indemnites. I also grant permission to the Indemnites to use any photograph, pictures, recordings or any other record for any legitimate purpose.

Athlete's Signature (If under 18, Parent's Signature) \_\_\_\_\_

Date \_\_\_\_\_