



Rotary Shares 5K and 1 Mile Family Walk

Cove Lake State Park in Caryville, TN Saturday, Oct. 11 at 8 a.m.

Sponsored by the Rotary Club of South Campbell County

Schedule of events:

6:45 - 7:30 a.m. Registration
8 a.m. 5K starts
8:15 a.m. 1 mile walk starts
9:15 a.m. Awards
Children's play area to be offered as part of the activities

Age divisions for male and female: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-69, 70-79, 80+. Certificates will be presented to overall male and female winners. Certificates also will be presented to the top three finishers in each age division.

Course: Scenic route through the woods and along a lake shoreline on paved trails.

Registration and fees:

\$12 if pre-registered by Friday, Oct. 3. \$15 on day of event.

T-shirts:

All participants will receive a race t-shirt. Pre-registered participants will receive shirt on the day of the event. Event-day registrants will receive shirts as supplies last or at a later date.

After the race:

Refreshments and awards. Children's play area will be available.

Additional information:

Contact race director Linn Hudson at (423) 562-8468 or by email at: lhudson@lafollettepress.com.

ROTARY SHARES 5K & 1 MILE FAMILY WALK OFFICIAL REGISTRATION FORM

Name: _____ Age (as of 10/11/08): _____ Male: _____ Female: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ T-shirt size: Y10-12 Small Medium Large XX Large

Emergency contact name & phone #: _____

ATHLETE'S RELEASE:

Please read. You must sign and date this form in the appropriate space below in order to participate in this event.

LEGAL DISCLAIMER: I know that running and volunteering to work in 5k races is potentially dangerous activities. I should not enter and run in the Rotary Shares 5K and 1 Mile Family Fun Walk unless I am medically able and properly trained. I agree to abide by any decision a race official makes relative to my ability to safely complete the run. I assume all risks associated with running and or/volunteering to work in the aforementioned race, including but not limited to fall, contact with other participants, the effects of weather, including high heat and humidity, ice and snow, the condition of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I for myself and anyone entitled to act on my behalf, waive and release THE ROTARY CLUB OF SOUTH CAMPBELL COUNTY, COVE LAKE STATE PARK, THE STATE OF TENNESSEE, REACHS and all members thereof, and all future sponsor, their representatives, successors, for all claims or liability of any kind arising out of my participation in the aforementioned event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I also grant permission to all the foregoing to use any photograph, motion pictures, recordings, or any other record of this event for any legitimate purposes.

Runner's signature (must include guardian's signature if under 18 years of age)

Date

Mail early registration by Oct. 3, 2008 to: Rotary Club of South Campbell County, PO Box 822, Jacksboro TN 37757.
Make checks payable to the **Rotary Club of South Campbell County**